

DATES FOR YOUR DIARY:

Mon 2nd Mar:	9.45am	Sparkles (every week)
Mon 2nd Mar:	1.00pm	Zoom Prayer Meeting
Mon 2nd Mar:	6.30pm	Ignite (every week)
Tues 3rd Mar:	10.00am	Community Sunshine Café (every week)
Tues 3rd Mar:	1.15pm	Chair Exercise in church (every week)
Tues 3rd Mar:	7.30pm	Lent Course
Wed 4th Mar:	10.00am	Holy Communion in Royal Room
Wed 4th Mar:	11.00am	Mothers Union
Thurs 5th Mar:	12.15pm	Chair Exercise in church (every week)
Fri 6th Mar:	12.30pm	Tai Chi in church (every week)
Fri 6th Mar:	8.00pm	Choir Practice (every week)
Tues 10th Mar:	7.30pm	Lent Course
Wed 11th Mar:	12.00 noon	MCC
Thurs 12th Mar:	7.30pm	CHRA meeting at URC Beresford Road
Tues 13th Mar:	7.30pm	Lent Course
Wed 18th Mar:	12.00 noon	MCC
Tues 24th Mar:	7.30pm	Last Lent Course
Wed 25th Mar:	12.00 noon	MCC
Sat 28th Mar:	8.00am	Men's Breakfast
Sat 28th Feb:	10.00am	Craft Morning
Sun 29th Mar:	3.00pm	Palm Sunday Service

We will be continuing our collections for shoeboxes this month with toothbrushes and toothpaste. Thank you to all those of you who donated flannels and soaps last month. Please also save shoeboxes for us and if you would like to wrap some shoeboxes, I can provide you with wrapping paper!



The **Church Office** is open every day except Thursday between 10am and 12 noon, for enquiries of any kind. Pauline Loomes, our Church Administrator, can be contacted by: **tel: 020 8597 8076**
email: churchoffice@stchads.church
website: www.stchads.church

Not receiving our e-mails? Please complete a GDPR consent form from the back of the church/ church office, and return it to Pauline to be added to our mailing list.



Chadderbox March 2026 *Newsletter of St. Chad's Church,* *Chadwell Heath*



Time for Lent

*Then the LORD God said to the woman, "What is this that you have done?" The woman said, "The serpent deceived me, and I ate."
Gen. 3:13*

Those of you with astute hearing will know that our church clock has been chiming the wrong times throughout February. "It's worse at 1.00pm," said Chirstine, "because it chimes 12 times".

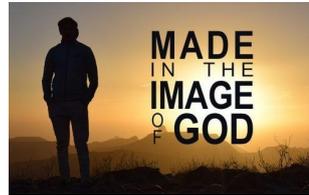
Now, let's be fair, it's an old clock. It was installed and commissioned in St. Chad's Church around the time of Queen Victoria's diamond jubilee !! The end of the 1800's when Victoria symbolised the British Empire. Since then much has changed, but not our clock. It still needs winding twice a week and having its time adjusted according to the seasons, but also because it's prone to lose a minute or two here and there. And we had a very competent group of volunteers who would all climb the long, and not so safe, ladder to attend to it. That baton has been passed to Deji and myself now, especially as the building works have made access even harder. And we've become fonts of knowledge about our clock. We can wind it, of course, but have also acquired the knowledge and the knack of keeping it on time. But the clock striking out of time? No, that was beyond our new found knowledge. To call out one of the very small number of remaining clock makers / restorers is hugely expensive. Maybe one of our previous volunteers might know what to do? We'll ring Peter Stone and only call a company as a last resort.



"I'll put my coat on and come down" came his voice on my telephone. "Right" I said. Now the thing about Peter is that he has always kept himself fit and healthy. I worried about how we might get him up to the clock but worry not. He was gone up like the proverbial rat up a drainpipe. The big glass doors of the clock case opened, Peter clambered onto a chair and almost climbed in. Reaching to the very back of the old iron mechanism, he set to work and the clock began to chime. 7, then 8. But it was nearly 11.00 O'clock now. "We need 10" he said and he set to work again. 9 and then 10. "There you go" he beamed with that glee-filled smile he has. "All done". Deji and I were duly given a quick lesson on advancing the chimes and the job was done.

But why clocks and the story of Genesis I hear you ask? Because it's Lent. Because it's that time of the year when we slow down and get all deliberate about getting ourselves back into time with God. Just as St. Chad's clock goes wrong and needs an expert to put it right, so our lives can go astray. Our timing gets out of kilter and we need to come back to the expert, God, our maker and redeemer, to enable him to put us right again.

Deji is running a great Lent course that's focusing on the God of creation. And you're not too late to come along – Tuesday evenings from 7.30pm to 9.00pm - and see what God might do in your life. It's amazing how he can restore us to his image, the image we are made in, set apart for kingdom living not worldly living. It's amazing how the world can knock us off course isn't it? So join us on Tuesdays - A series of evening reflections discussions and thought that will bring us back to ourselves and God and will lead us to Holy Week. Here's what's happening then:

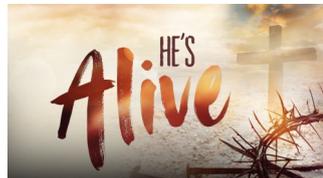


Palm Sunday @ 1045 – our children's dramatised retelling of the story which is always fun.

Maundy Thursday @ 7.30pm – The last supper.

Good Friday : The walk of witness with other local churches – see notices for details, followed by our own 'Hour at the Cross' @ 3.00pm.

Easter Sunday celebration @ 9.00am and 10.45am.



I hope to see you there. But in the meantime, take time to get yourself back in sync with who God made you to be.

Martin

 Our Lent Course continues on Tuesday evenings in the Royal Room starting at 7.30pm on 3rd, 10th, 17th and 24th March. The course is based on 'Creation and New Creation' Please note the Tuesday Prayer group will be joining the Lent Course, along with the Lighthouse Home Group and any other homegroups that meet on a Tuesday, but everybody is welcome to attend.

My God will meet all your needs according to the riches of His glory in Christ Jesus.

(Philippians 4:19b - NIVUK)

Verse of the Year 2026



Sunday 30th March is Mothers' Day and we will be holding a cake sale after both services.

Please bake a cake if you are able, to celebrate our mums—all proceeds will go to church funds.

We will be holding a Palm Sunday service on 29th March in church at 3.00pm. This will be a choir led service of traditional hymns and readings, and will be about one hour. We look forward to seeing you there.



We still desperately need volunteers for all sorts of jobs in church. We especially need people to learn the sound and vision system for church services and to go on the monthly rota. We also need help with our coffee shop and MCC (Mature Companions Club).

If you think that you could volunteer for one of these, please do have a word with Martin, Deji, Christine or myself and we will welcome you with open arms!

Tuesday 3rd February is a day of prayer and fasting. Here are some prayer points:



- Pray for the world—this fallen world is economically, socially, climatically, politically damaged, war-torn, unsafe streets. Where there is war and unrest. The NHS, Police and Education and for the institutions that are sick and broken.
- Pray for people who are struggling in their faith.
- Pray for all those within our church family who are unwell at this time, awaiting test results and operations. (see weekly notice sheet).
- Pray that Leaders of all Nations would turn to God for Godly counsel.
- Pray for refugees, for the unemployed, homeless and lonely
- Pray for Support workers and families caring for loved ones.
- Pray for the Royal family who are in turmoil at the moments.
- Pray for who those who are mourning loved ones
- Continue to pray for our clergy, staff team and all our volunteers.
- Pray for PCC and all the different groups in St Chads
- Pray that God will continue to cover Martin and the whole church family.
- For the Church globally .
- Scriptures: for peace and encouragement
- John 16:33—2 Corinthians 13:11—Philippians 4:7—Psalm 4:8—John 14:27

Join our Zoom Prayer meeting every first Monday at 1.00pm.

Pray for our community by street each week.

w/c 2/3 Geneva Gardens , Adelaide Gardens, Yew Tree Gardens , Cedar Avenue Henly Gardens , Melbourne Gardens

w/c 9/3 Eastern Avenue, Shepherds Close , Havering Gardens, Tolworth Gardens , Portland Gardens , Portland Close

W/c 16/3 East Park Close , West Park Close , Hathaway Gardens . Chadville Gardens

w/c 23/3 Northbury Gardens , Ashbury Gardens , Blackbush Avenue , Percival Gdns

w/c 30/3 North Road , West Road , The Close , South Road , Alexandra Road



The next children's **Craft Morning** is on Sat 28th March at 10.00am in the church. Come along and enjoy Crafts. Songs, Games, Stories, refreshments included, £3 per child.



The next Men's Breakfast is on Saturday 28th March and every last Saturday of the month at 8.00am—9.30am in the Royal Room. Breakfast is £5. See Dave.



March 2026 Services

Traditional Holy Communion at 9.00 am

This is a Book of Common Prayer (BCP) service every Sunday for those who prefer something more traditional and reflective and lasts for 50/60 minutes.

All Age/Family Church Morning Worship at 10.45 am

This is a contemporary service, usually with times of worship, prayer and teaching, and lasts for about 80-90 minutes. When it is not All Age Worship (AAW), children leave for Junior Church after we have worshipped as a church family for the first part of the service.

Sunday 1st March	All Age worship
Sunday 8th March	Family Church
Sunday 15th March	Family Church with Holy Communion
Sunday 22nd March	Family Church
Sunday 29th March	Family Church with Holy Communion

Mid-week Services (Wednesday 10am)

Wednesday 4th March Holy Communion in Royal Room

An invitation to Easter Services 2026 at Saint Chad's Church, Chadwell Heath (behind the White Horse pub).

Palm Sunday 29th March. Traditional BCP Service at 9.00am. At 10.45am, All-Age Worship led by our children. At 3.00pm, a Palm Sunday service of traditional hymns and readings.



Maundy Thursday Service, Thursday 2nd April at 7.30pm. A traditional service of Holy Communion reminding us of the Last Supper.

Good Friday Walk of Witness, Friday 3rd April starting from opposite Becontree Leisure Centre at 12.00 noon, stopping by Asda's to pray, then on to the High Road Baptist church, for an act of worship at 1.00pm lasting about 30 minutes, with refreshments.

'An Hour at the Cross' at 3.00pm on Good Friday. A reflective service of drama and reflective hymns.



'He is Risen - Hallelujah!' **Easter Sunday** 5th April Services of celebration at 9.00am - traditional BCP service, and All Age Worship at 10.45am.

Everybody is welcome to join us. **'Hallelujah, He is risen indeed!'**



FUNDRAISING And Social Events

2026

21st FEBRUARY		Jumble Sale in the hall. Usual rules apply, jumble can be bought to church from the Sunday before. Lots of helpers and volunteers needed. Let us know if you are interested in helping. 11.00am—2.30pm
15th MARCH		Mothers Day Cake Sale—raising funds for the church and blessing our mums at the same time.
5th APRIL		Easter Raffle and sale of Margaret's knitted Easter goodies. We would appreciate any donations of Easter eggs or Easter gifts. Winners announced Easter Sunday.
27th JUNE		For the first time in several years, we are holding a Summer Fete and raffle, in the church car park and hall. Theme yet to be decided but we would love to hear any ideas you have. Next meeting is 30th April.
4th JULY		New Dimensions Summer Concert in church At 7.30pm. More details and ticket prices will be announced nearer the time.
5th OCTOBER		For our Harvest this year, we are planning to make up bags for the homeless. We will also have our usual collection for the food bank and sweets for shoeboxes. More details to follow.
24th OCTOBER		As usual, lots of volunteers needed to help get ready and on the day. 11.00am until 2.30pm, Bring jumble from the week before.
21st NOVEMBER		Christmas Market Saturday 21st November 2.30pm 11.00am—2.30pm In the church
5th DECEMBER		Shoobox packing day in the hall. Starting at 10.00am, come along and help us pack all the items we have collected during the year in to shoeboxes. If you would like to wrap some shoeboxes, please see Pauline.
6th DECEMBER		Shoobox and Toy Service, Sunday 6th December at 10.45am.

The best part of daylight savings time in the spring is that we get to lose one hour of sleep!



Said no one ever...

REMEMBER TO PUT YOUR CLOCKS FORWARD ONE HOUR SATURDAY NIGHT!

SUNDAY 29th MARCH AT 1.00AM.

Our next Zoom Prayer Meeting will be held on Monday 2nd February at 1.00pm. Please join us for half an hour of prayer for the church, church family, the world and any other issues you wish to share. Just follow this link bit.ly/StChadsPrayer



A reminder that you can help to raise money for St. Chad's by using Easy Fundraising. Since we started, we have raised over £300 but this could be much more as you can use it for so many online shops—food shopping, furniture, days out and much more. If you are starting to think about booking a holiday, many holiday companies donate, so it's worth taking a look. You can view their website by following this link:

www.easyfundraising.org.uk/cause/st-chads-church/

It's really easy to sign up and if you recommend a friend, we get £5!

Support us through  easyfundraising

Please continue to Support the food bank if you are able, all non-perishable foods, toiletries and baby items are all gratefully received. Please either bring to Church or to the church Office during the week. Thankyou.



the trussell trust
Stop UK Hunger



The Lighthouse Home Group will continue when the lent course finishes at 7.30pm in the Lady Chapel in church on alternate Tuesdays (1st and 3rd). New members always welcome.

Are you or anyone you know struggling after a relationship breakup? For information about **Restored Lives**, speak to Iain or Lindsay Torrance. (iain.torrance@nelft.nhs.uk)

Heartbroken?
Who Cares?
We do.

