

**DATES FOR YOUR DIARY:**

Mon 5th Jan:	9.45am	Sparkles (every week)
Mon 5th Jan:	1.00pm	Zoom Prayer Meeting
Tues 6th Jan:	1.15pm	Chair Exercise in church (every week)
Tues 6th Jan:	7.30pm	Lighthouse Homegroup in Royal Room
Tues 6th Jan:	7.30pm	Prayer for Revival in Prayer Room (weekly)
Wed 7th Jan:	10.00am	Holy Communion in Royal Room
Wed 7th Jan:	11.00 am	Mothers Union
Thurs 8th Jan:	12.15pm	Chair Exercise in church (every week)
Thurs 8th Jan:	7.30pm	CHRA meeting at URC Beresford Road
Fri 9th Jan:	12.30pm	Tai Chi in church (every week)
Fri 9th Jan:	8.00pm	Choir Practice (every week)
Mon 12th Jan:	6.30pm	Ignite (every week)
Tues 13th Jan:	10.00am	Community Sunshine Café (every week)
Wed 14th Jan:	12.00 noon	MCC
Tues 20th Jan:	7.30pm	Lighthouse Home Group in Lady Chapel
Wed 21st Jan:	12.00 noon	MCC
Sat 24th Jan:	11.00am	Ladies Brunch in church
Tues 27th Jan:	7.30pm	PCC Meeting in Royal Room
Wed 28th Jan:	12.00 noon	MCC
Thurs 29th Jan:	7.30pm	Fundraising Team meeting in Prayer Room
Sat 31st Jan:	8.00am	Men's Breakfast
Sat 31st Jan:	10.00am	Craft Morning

Please can you continue to save your shoeboxes for us. You can bring them to church or to the office. Thank you.



 Not receiving our e-mails? Please complete a consent form from the back of the church/ church office, and return it to Pauline.



Thank you to everybody for your generous donations to our Toy Service. We had so many gifts again and were able to give many to the Women's Refuge we support, lots to the Food Bank to help out families struggling to buy presents for their children. Sadly, Richard House Hospice is closing due to lack of funding so we were unable to give them toys. So we still have a few toys over.

If you know of anyone in need of a gift, please let Pauline know.

**Saint Chad's Church Office**

The Church Office is open every day except Thursday between 10am and 12 noon, for enquiries of any kind. Pauline Loomes, our Church Administrator, can be contacted by: tel: 020 8597 8076 email: [churchoffice@stchads.church](mailto:churchoffice@stchads.church)

***Chadderbox January 2026  
Newsletter of St. Chad's Church,  
Chadwell Heath***

Happy New Year to you all; I can't believe that it's that time of year again, celebrating 2026; it only seems like yesterday that we celebrated 2025. So what's happened in your life last year? I pray that you were able to celebrate some exciting

times even though I know some have been through difficult times, but my prayer is that the Light of Jesus always shines through the dark times. That's the reason I picked this picture. It gives me hope knowing no matter what happens the light will always shine through. I love Christmas for so many different reasons and when January comes it can seem a bit bleak when all the twinkling lights have been packed away, presents opened and the chaos of Christmas has come to an end. So what's next on our agenda? Have we made New Year's resolutions and if we have, how long will we keep them? If you're anything like me, I no longer make them because I know I never keep them. Even with the best will in the world, it never works out.



I love this picture. Once again, it's about light, but what drew me to it was the person looks free and full of life. Sometimes we allow the worries of the world to steal that peace and freedom, we get overwhelmed and find ourselves concentrating on the bad things instead of thanking God for all the good things in our lives.

When I'm feeling a bit low, I make a list of all the things that bring me down and then a list of what makes me happy and the amazing thing is that the happy list is always far greater than the other list. That's what God wants for us. He doesn't want us living a life with worries and shackles but a life full of happiness and freedom. That's why Jesus came to bring us freedom, salvation, hope, joy and peace. Romans 13:13 says:- 'May the God of hope fill you with all Joy and Peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit'. This verse reminds us that we should centre on a hope that is supernatural, not just human optimism, and we can have that hope by allowing the Holy Spirit to reign in us and when we do, the abundance of hope leads to an overflowing of joy and peace this is God's gift to us through His Son Jesus Christ; and it's not just for Christmas it's for everyday if we desire it.

We know that we can put our trust in Jesus who will always walk with us guiding and strengthening us in all things because he is a God of hope, joy and peace. Psalm 62:5-6 says 'For God alone my soul waits in silence, for my hope is from Him. He alone is my rock and my salvation, my fortress; I shall not be shaken'. Jesus is our rock and when our lives take on his character, actions and attitudes, we are able to make a difference to those around us and the hope, joy and peace we carry in our hearts will be passed on to others. If you haven't already made a New Year's resolution let that be your resolution; to share God's love, hope, joy and peace.

May God richly bless you all, Christine.



With very best wishes for a happy, peaceful and healthy New Year from the staff team. Martin, Christine, Deji, Pauline, Debbie, Dora and Paul.



What a fantastic year 2025 was for St. Chad's Church. As well as work continuing on the building, we had lots of amazing events. Here's just a small assortment of pictures from the year.

New Curate and family



Children's Work



Christmas Market



420 shoeboxes



3,000 Poppies !!



Schools



Schools



Light Party



MCC Christmas Lunch



Pavilion Brass Band



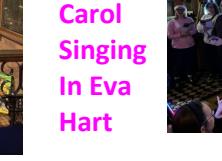
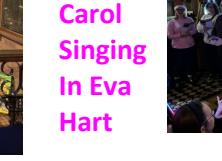
Confirmation Service



Mission (Toy Service)



Men and Women's Ministry



.....AND MUCH MORE

**Tuesday 13th January** is a day of prayer and fasting. Here are some prayer points:

- Pray for the world—this fallen world is economically, socially, climatically, politically damaged; war-torn, unsafe streets. The NHS, Police and Education and for the institutions that are sick and broken.
- Pray for people who are struggling in their faith.
- Pray for all those within our church family who are unwell at this time, awaiting test results and operations. (see weekly notice sheet).
- Pray that Leaders of all Nations would turn to God for Godly counsel.
- Prayer for refugees , for the Unemployed, homeless and lonely
- Pray for Support workers and families caring for people with learning disabilities
- Pray for who those who are mourning loved ones
- Continue to pray for the staff team and all our volunteers.
- Pray for PCC and all the different groups in St Chads
- Pray that God will continue to cover Martin and the whole church family.
- For the Church globally .
- Scriptures:
- Ephesians 6 and Psalms 23,27,37, 91 and 103



Join our Zoom Prayer meeting  
every first Monday at 1.00pm.

**Pray for our community by street each week.**

w/c 5th Jan High Road , Coombewood Drive , Salcombe Drive , Saville Road

Grantham Gardens , West Ham Training Ground

w/c 12th Jan Kings Avenue , Sylvan Avenue, Hainault Road . Albany Road

w/c 19th Jan Gordon Road , Whalebone Grove , Burchett Way , Whalebone Ave

w/c 26th Jan Millbrook Gdns, Hainault Gore , Whalebone Lane , Warren Schools

Would you like to join the fundraising Team. We meet several times during the year to plan Fundraising and Social Events and we always welcome new members and new ideas.

Our next meeting is on Thursday 29th January at 7.30pm in the Prayer Room.

We look forward to you joining us.



Our Creche meets every Sunday in the Royal Room for under reception age children (except when it is All Age worship) and is run Carol and her team.

**CRECHE**

## January 2026 services

### Traditional Holy Communion at 9.00 am

This is a Book of Common Prayer (BCP) service every Sunday for those who prefer something more traditional and reflective and lasts for 50/60 minutes.

### All Age/Family Church Morning Worship at 10.45 am

This is a contemporary service, usually with times of worship, prayer and teaching, and lasts for about 80-90 minutes. When it is not All Age Worship (AAW), children leave for Junior Church after we have worshipped as a church family for the first part of the service.

**Sunday 5th January**

All Age worship

**Sunday 11th January**

Family Church

**Sunday 18th January**

Family Church with Holy Communion

**Sunday 25th January**

Family Church

### Mid-week Services (Wednesday 10am)

**Wednesday 7th January**

Holy Communion in Royal Room

**My God will meet all your needs  
according to the riches of  
His glory in Christ Jesus.**

(Philippians 4:19b - NIVUK)



Verse of the Year 2026

Join us for fellowship after our church services and enjoy tea, coffee and good company. You may even want to volunteer to help out with serving refreshments. See Pauline if that is you!



Once again, we invite you to start the New Year by volunteering to take an active part in church life. When you are relying on just a few people and are asking them over and over again to do jobs around the church, they become tired and burnt out, so it would be wonderful if we could spread the workload to give other people a bit of a break. We are always looking for volunteers to take part in Sunday Services; especially to read and deliver prayers during services, welcome and to help with refreshments after services. We also need people, to learn the vision and sound system, maybe some of our younger people might be interested in that? If you are available during the week, there are always volunteer opportunities—MCC, Coffee Shop, building maintenance - and we would welcome you with open arms!! Many of the jobs are simple and not time consuming. As I always say, there are no qualifications needed, just a servant heart! Please do come and see me and we can discuss where you can be helpful and become part of the team that keeps St. Chad's ticking over. I'm looking forward to having that conversation with you! Pauline



**Calling all Ladies,** please come and join us for a Continental Brunch on Saturday 24th January at 11.00am in church. Pauline will be giving a presentation of her trip to Bosnia to give out shoeboxes. The cost is £5 pp to cover the brunch. Please sign up in church or message the office, for catering purposes. Although the Brunch is for ladies only, anyone is welcome to come along for the presentation from 12.15pm



A reminder that you can help to raise money for St. Chad's by using Easy Fundraising. Since we started, we have raised over £200 but this could be much more as you can use it for so many online shops—food shopping, furniture, days out and much more. If you are starting to think about booking a holiday, many holiday companies donate, so it's worth taking a look. You can view their website by following this link: [www.easystrengthening.org.uk/cause/st-chads-church/](http://www.easystrengthening.org.uk/cause/st-chads-church/)

It's really easy to sign up and if you recommend a friend, we get £5 !



Are you or anyone you know struggling after a breakup? **Restored Lives** runs an eight session online course that supports people to recover fully from the breakdown of a significant relationship, new course starting 19th January.

They also offer an online course for 12-17 year olds and 18-30 year olds affected by divorce and separation, starts 25th Feb.

Restored Lives has helped thousands of people recover from heartbreak over the last 25 years. The course is for people of all faiths and none

There is a charge but there is bursary for those with a link to St. Chads.

For more details, speak to Iain or Lindsay Torrance. (lain.torrance@nelft.nhs.uk)

**Kids@St Chad's** £3 per child

# *craft Morning*

*Crafts, Songs, Games, Stories and refreshments included!*

*Come and join the fun!*

*When: Saturday, 31 January 2025*  
*Where: St Chad's Church, St Chad's Road, RM6 6JH*  
*Time: 10am - 11.30am*  
*How: To book, please contact [Julie.stchads@gmail.com](mailto:Julie.stchads@gmail.com)*  
*Cost: £3 per child*  
*Age: Up to 11 years (under 5's must be accompanied by an adult)*



**Men's Breakfast** The next Men's Breakfast is on Sat 31st January and every last Saturday of the month at 8.00am—9.30am in the Royal Room. Breakfast is £5, the fellowship is free! See Dave.



Please continue to Support the food bank if you are able, all non-perishable foods, toiletries and baby items are all gratefully received. Please either bring to Church or to the church Office during the week. Thankyou.



Lighthouse Home Group is at 7.30pm in the Lady Chapel in church every 1st and 3rd Tuesday of the month. This month, the dates are the 6th and 20th January. New members welcome.