

DATES FOR YOUR DIARY:

Thurs 1st Oct:	12.30pm	Chair Exercise in church (every week)
Fri 2nd Oct:	12.30pm	Tai Chi in church (every week)
Fri 2nd Oct	8.00pm	Choir Practice (every week)
Sat 3rd Oct:	10.00am	Craft Morning in church
Sun 4th Oct:	Both Services	Harvest Festival
Mon 5th Oct:	1.00pm	Zoom Prayer meeting
Mon 5th Oct:	9.45am	Sparkles (every week)
Mon 5th Oct:	6.30pm	Ignite (every week)
Tues 6th Oct:	10.00am	Sunshine Community Cafe (every week)
Tues 6th Oct:	1.15pm	Chair Exercise in church (every week)
Tues 6th Oct:	7.30pm	Alpha Course in church (every week)
Tues 6th Oct:	7.30pm	Prayer for Revival, Prayer Room (every week)
Wed 7th Oct:	11.00am	Mothers Union
Thurs 8th Sept:	7.30pm	Chadwell Heath Residents Assoc meeting URC
Fri 9th Oct:	12.30pm	Tai Chi in church
Sat 10th Oct:	2.00pm	'Shared Journey' Bereavement Group, R/Room
Wed 14th Oct:	12.00	MCC
Wed 21st Oct:	12.00	MCC
Fri 23rd Oct:	2.00pm	Jumble Sale prep in church
Sat 24th Oct:	11.00am	Jumble Sale
Wed 28th Oct:	12.00	MCC
Sat 31st Oct:	8.30am	Men's Breakfast
Sat 31st Oct:	6.00pm	Light Party



A team from St. Chad's recently joined a LyCiG conference, 'Leading your Church in Growth'. No doubt, we will be hearing much more about it in the coming weeks, and we look forward to hearing what they learnt and where it will lead us. Here is a picture of the lovely group; Helen, Kathy, Andrew, Martin and Florence at St. Katherine's church, East London.

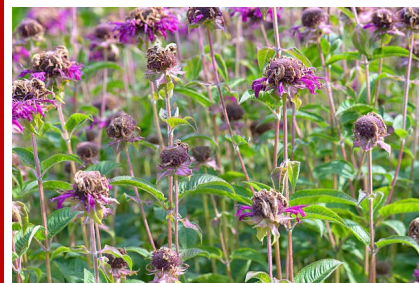
The **Church Office** is open every day except Thursday between 10am and 12 noon, for enquiries of any kind. Pauline Loomes, our Church Administrator, can be contacted by: **tel: 020 8597 8076 email: churchoffice@stchads.church website: www.stchads.church**

Chadderbox October 2026 Newsletter of St. Chad's Church, Chadwell Heath

God's word stands forever.

It's October already; where has the year gone? The clocks go back on the 26th of this month at 2.00am, meaning we will have lighter mornings but darker late afternoons/evenings. Usually, if it's my turn to write Chadderbox for October, I would write about the leaves beginning to fall and all the things that happen at this time of the year, but because of the hot dry summer, many leaves have already gone brown and falling from the trees. I know some of you would have been excited about the great summer it made a change from the wet cold ones we sometimes get, but I found them a little too hot. Our weather seems to be changing all the time, much wetter winters and longer hot dry summers. My garden did not fair well during the summer; some of my plants did not survive although I did my best to water them. As we know the farmers are struggling with their crops and that will have a knock on effect for all of us during the coming months. I'm sure my plants, if they could speak, would be crying out "Help me, water me, I need saving!"

Unlike the flowers that fall and grass that withers, God's word stands



forever. Even though our seasons change and people change, the promise of the Bible is that God's word never changes, it stands eternally, therefore it's only when we turn to God and seek his face that we will find lasting solutions to our problems and needs.

We are in the middle of an Alpha course which is answering some of those questions that many people have about believing and trusting in God with our whole heart. If you haven't been able to come to Alpha but are searching and not sure what being a Christian means in today's society, then reach out to one of the clergy or a mature Christian who will be willing to chat with you and help you with your walk with Jesus.

Have you ever looked at the things around us and wondered at how many plants are only for a season and then they die off, or trees that give us wonderful blossom in the spring and then lose it allowing flowers or fruit to take the blossoms place and then later in the Autumn the leaves turn brown and drop off and the fruit has been harvested. There are many things that we get pleasure from but over time they will all fade away. That's what Isaiah is saying in 40:8; *"The grass withers and the flowers fall, but the word of our God stands forever."* That's the one thing we can rely on it will never fade away and his love, grace and forgiveness will never fade away, that's why it's so important to read God's word and take it into your heart because that's how we will find eternal life, which will never change and last forever.

God bless Christine.



Please join us after the service for refreshments and fellowship.

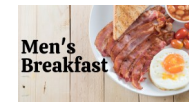


New to St. Chad's? Please fill in a Welcome form that you will find on the table at the back of church. We would love to keep in touch with you. Please speak to one of our Welcome Team, who will be able to help you.



Next Men's Breakfast is on Saturday 31st October, from 8.00am—9.30am

Breakfast is £5, please see Dave to book and let him know if you have any dietary requirements.



The Lighthouse Home Group normally meets on 1st and 3rd Tuesdays, but starting from September 15th, Lighthouse will be joining the Alpha course on Tuesdays at 7.30pm in church and will restart after Alpha finishes on 17th November.



Coming in November

SATURDAY 21st NOVEMBER—CHRISTMAS MARKET

Watch this space for more details in next month's Chad-



For our Harvest giving this year, we are going to be making care packages for local homeless people. These will consist of things such as:

- warm hats, gloves and scarves, socks,
- sweets, chocolate, biscuits, bottled water or electrolyte drinks,
- wet wipes or baby wipes
- toothbrush /toothpaste
- roll on deodorants
- hand sanitizer, plasters, chapstick
- Travel size soaps and shampoos
- feminine hygiene products
- Puzzle books/notebooks and pen, playing cards, magazines



We will be making these gifts up into bags. If you would like to make a bag for a homeless person, please ask for a bag or you can just donate items from the list and we will make the bags up.

We still need volunteers for all sort of jobs in church. We especially need people to learn the sound and vision system for church services and to go on the monthly rota. We also need help with our coffee shop and MCC (Mature Companions Club).

If you think that you could volunteer for one of these, please do have a word with Martin, Deji, Christine or myself and we will welcome you with open arms!



Tuesday 1st September is a day of prayer and fasting. Here are some prayer points:

- Pray for the world at war, and that Leaders of all Nations would turn to God for Godly counsel. For cease fires.
- For the Nepal disaster, for those who have lost loved ones and their homes, and for the emergency services and aid agencies.
- For this fallen world which is economically, socially, climatically, and politically damaged, where there is war and unrest, and the streets that are unsafe. An end to gang culture and knife crime.
- The NHS, Police and Education and for the institutions that are broken.
- For people who are struggling in their faith.
- For all those within our church family who are unwell at this time awaiting test results and operations. (see weekly notice sheet).
- For refugees, for the unemployed, homeless and the isolated and lonely.
- For Support workers and families caring for loved ones.
- For the Royal family.
- For who those who are mourning loved ones.
- Continue to pray for our clergy, staff team and all our volunteers.
- For the PCC and all the different groups in St Chads
- Pray that God will continue to cover Martin and the whole church family.
- For the Church globally .
- For the coffee shop to be completed soon.
- Scriptures: for **families and friends**
 "But as for me and my house, we will serve the Lord." – **Joshua 24:15**
 "Therefore encourage one another and build one another up, just as you are doing." – **1 Thessalonians 5:11**
 "God is our refuge and strength, a very present help in trouble." – **Psalms 46:1**
- **For peace: Philippians 4:6-7** *"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."*



Join our Zoom Prayer meeting every first Monday at 1.00pm.



Please note the next Zoom Prayer Meeting will be held on Monday 5th October at 1.00pm. Please join us for half an hour of prayer for the church, church family, the world and any other issues you wish to share. Just follow this link: bit.ly/StChadsPrayer

We'd like to keep in touch with you.

If you are not receiving our e-mails, please complete a GDPR consent form from the back of the church/ church office, and return it to Pauline to be added to our mailing list.



October 2026 Services

Traditional Holy Communion at 9.00 am

This is a Book of Common Prayer (BCP) service every Sunday for those who prefer something more traditional and reflective and lasts for 50/60 minutes.

All Age/Family Church Morning Worship at 10.45 am

This is a contemporary service, usually with times of worship, prayer and teaching, and lasts for about 80-90 minutes. When it is not All Age Worship (AAW), children leave for Junior Church after we have worshipped as a church family for the first part of the service.

Sunday 4th October	All Age worship Harvest Festival and Baptism
Sunday 11th October	Family Church
Sunday 18th October	Family Church with Holy Communion
Sunday 25th October	Family Church

Children's Groups on Sundays.



Luminate—for Reception to Year 6 children, every Sunday apart from All Age service, in the church hall. See Julie.
 Creche for under reception age children in the Royal Room. See Carol.

Kids@St Chad's Family Light Party!

Come as a family to enjoy lots of fun, some crafts, lots of dancing & light refreshments included.

Wear your brightest clothes!

When: Saturday, 3rd October 2026

Where: St Chad's Church Hall, Eric Road, RM6 6JH

Time: 6pm – 7.30pm

How: To book, please contact Julie.stchads@gmail.com

Cost: £3 per child



ignite

Ignite is a Youth Drop-In for 11-17

year olds, every Monday during term time at 6.30pm to 8.00pm in the Youth Room, above the Royal Room.

There is games consoles, football, basketball, cooking, challenges and games, with occasional visiting speakers—activities for everyone, boys and girls welcome.

For more information, please contact Jess at Jess@stchads.church

FUNDRAISING And Social Events 2026

4th OCTOBER	For our Harvest this year, we are planning to make up bags for the homeless. We will also have our usual collection for the food bank and sweets for shoeboxes. More details to follow.	
24th OCTOBER	As usual, lots of volunteers needed to help get ready and on the day.	
21st NOVEMBER	Christmas Market Saturday 21st November	
5th DECEMBER	Shoebox packing day in the hall. Starting at 10.00am, come along and help us pack all the items we have collected during the year in to shoeboxes. If you would like to wrap some shoeboxes, please see Pauline.	
6th DECEMBER	Toy Service Shoebox and Toy Service, Sunday 6th December at 10.45am.	



Come and help at our Jumble Sale on 24th October in the church . The sale is from 11.00am to 2.00pm, but if you are helping, please be at the church by 10.00am. We will be setting up stalls on Friday 23rd October from 10.00am. We also will need lots of help with clearing up afterwards. Please do come along and help. Jumble can be bought to the church from the previous week, Sunday 18th October. There will be a sign up sheet at the back of church, to volunteer or just message the church office. If you are able to bake a cake for the coffee shop, that would be great too. We can't do it without you!! Many thanks

A reminder that you can help to raise money for St. Chad's by using Easy Fundraising. Since we started, we have raised over £450, but this could be much more as you can use it for so many online shops—food shopping, furniture, days out, and much more. If you are starting to think about booking a holiday, many holiday companies donate, so it's worth taking a look. You can view their website by following this link: www.easyfundraising.org.uk/cause/st-chads-church/ It's really easy to sign up and if you recommend a friend, we get £2!



The Alpha Course

Alpha is a space to unpack the Christian faith together.

No pressure. No strings. Just space for good food, interesting talks, and open conversations. That's it. Come along, see what you think.

The course continues on Tuesday evenings throughout October, with a special awayday on Saturday 17th October at St. John's Hall, Havering-atte-Bower from 10.00am to 4.00pm to discover and understand the Holy Spirit.

It's not too late to join in the course, come along to church at 7.00pm on Tuesday for refreshments and a meal, followed by a video and discussions until 9.30pm

A big part of Alpha is sharing a meal, and would be very grateful if there is anyone who is willing to provide a meal for about 20 people or come at 7.00pm to serve tea and coffee. If you can, please speak to Pauline. Thank you.



Introducing Jess and Oscar.

Jess is our new Youth Worker and will be running Ignite and our Sunday group for 11-18s and Oscar is our Children and Families Worker, who will be running the after school club. Please make them feel welcome.



Please note that going forward, the Children's Craft Mornings will be taking place on the first Saturday of each month, instead of the last. The next Craft Morning will be on Saturday 3rd October. If you are able to help at Craft Mornings please see Julie Court.



Throughout October, we will be collecting hats, gloves and scarfs for our shoeboxes. Thank you to all our knitters and crocheters for your wonderful creations. If you don't knit but would like to donate, Primark is a good place to shop and those who shop online, Shein, Tik Tok Shop and Temu are also really great for gloves!

