

DATES FOR YOUR DIARY:

Tues 1st Sept:	1.15pm	Chair Exercise in church (every week)
Tues 1st Sept:	7.30pm	Prayer for Revival, Prayer Room (every week)
Wed 2nd Sept:	11.00am	Mothers Union
Thurs 3rd Sept:	12.30pm	Chair Exercise in church (every week)
Fri 4th Sept:	12.30pm	Tai Chi in church (every week)
Fri 4th Sept:	8.00pm	Choir Practice (every week)
Sat 5th Sept:	2.00pm	'Shared Journey' Bereavement Group, R/Room
Mon 7th Sept:	1.00pm	Zoom Prayer meeting
Mon 7th Sept:	9.45am	Sparkles (every week)
Mon 7th Sept:	6.30pm	Ignite (every week)
Tues 8th Sept:	10.00am	Sunshine Community Cafe (every week)
Tues 8th Sept:	7.30pm	Lighthouse Home Group in Lady Chapel
Tues 8th Sept:	7.30pm	PCC meeting in Royal Room
Wed 9th Sept:	12.00	MCC
Thurs 10th Sept:	7.30pm	Chadwell Heath Residents Assoc meeting URC, Mill Lane/Beresford Road
Tues 15th Sept:	6.00pm	Ward Panel Meeting in Royal Room (our local police officers) (see below)
Tues 15th Sept:	7.30pm	Apha Course in church (every week)
Wed 16th Sept:	12.00	MCC
Wed 23rd Sept:	12.00	MCC
Sat 26th Sept:	10.00am	Deji's Ordination to Priesthood in church

Your local policing team invite you to join our next Ward Panel Meeting on **Tuesday 15th Sept** in the Royal Room at 6.00pm. **What is a Ward Panel?**

It's a community-led group where local residents meet regularly with our Safer Neighbourhood Team (SNT) made up of dedicated police officers and PCSOs assigned to your area. Ideally chaired by a volunteer, the panel reviews local crime trends and discusses issues like antisocial behaviour, crime, or safety concerns. Together, we set priorities and action plans to address what matters most to you.



The **Church Office** is open every day except Thursday between 10am and 12 noon, for enquiries of any kind. Pauline Loomes, our Church Administrator, can be contacted by: **tel: 020 8597 8076 email: churchoffice@stchads.church website: www.stchads.church**



Chadderbox September 2026 Newsletter of St. Chad's Church, Chadwell Heath

Are you thirsty?

³⁷ On the last and greatest day of the festival, Jesus stood and said in a loud voice, "Let anyone who is thirsty come to me and drink. ³⁸ Whoever believes in me, as Scripture has said, rivers of living water will flow from within them."

John 7

Has the world become so small? The fall in our house prices here in the UK is directly linked to the war in the Ukraine. The rise in our petrol prices is directly linked to the war in Iran. And now we're going through the warmest times we've ever had in our lifetime. An elongated heatwave that some love and others hate all because of Global Warming. And that has its own knock on effects – i.e. we're in a time of drought on literally biblical proportions for Great Britain. The BBC news website says:

Drought officials have declared 71.3% of England is now in drought, after the nation recorded its driest July since records began in 1836.....A total of 45 million people are now living in a drought area in England, with more than 27 million facing water use restrictions.

And it doesn't look like ending any time soon.

AI – the new computerised tool for data crunching, came up with this amusing piece in the *water shortage.....*

In the beginning, God created the heavens and the earth—and, thankfully, quite a lot of water. But now the taps are coughing, the reservoirs are looking embarrassed, and everyone has suddenly discovered the biblical importance of the command: "Thou shalt not leave the tap running."

Noah, meanwhile, is looking smug. "I tried to tell you," he says, polishing his ark. Moses has offered to help, but officials have politely asked him not to strike any reservoirs. Meanwhile, the faithful have gathered to pray for rain. The response from Heaven appears to be: "How about you stop taking 20-minute showers first?"

And so we wait, remembering the words of Scripture: "Let there be water." Preferably, Lord, by Tuesday!

I know all of this is 'Physical'. Lots of folks as close as Chingford were reliant on bottled water being given to them because water mains had burst as the earth dried out around the water companies antiquated pipework. Farmers are crying out for rain and we only have to look at trees in the park to see how they're wilting. But what about the Spiritual?

In a festival that celebrates the gift of water, Jesus stands up and declares that he is living water. Sustenance for you and I to stop us wilting from the pressures of life. Living water that cleanses and refreshes us from the constant tribulations and hardships of life.

And it's an open invitation, 'Let ANYONE who is thirsty come to me...' he said. That's the grace of God. No matter how far away from God we feel – we never are. King David knew that,

*Where can I go from your Spirit?
Where can I flee from your presence?
8 If I go up to the heavens, you are there;
if I make my bed in the depths, you are there.
9 If I rise on the wings of the dawn,
if I settle on the far side of the sea,
10 even there your hand will guide me,
your right hand will hold me fast.
Ps.139*

I hope and pray you're coping with this heatwave. I hope and pray you're not Spiritually thirsty either. But if you are, you know where to go, or at least, who to go to.

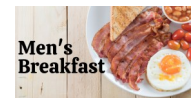
Martin



Next Men's
Breakfast is on
Saturday 19th
September from

8.00am—9.30am (date change because of the ordination service). Breakfast is £5, please see Dave to book and let him

know if you have any dietary requirements.



The Lighthouse Home Group normally meets on 1st and 3rd Tuesdays, but starting from



September 15th, Lighthouse will be joining the Alpha course on Tuesdays at 7.30pm in church, so will be meeting on 8th September only.



Coming in October.....

SATURDAY 24th OCTOBER—JUMBLE SALE
11.00am—2.00pm



For our Harvest giving this year, we are going to be making care packages for local homeless people. These will consist of things such as:

- warm hats, gloves and scarves, socks,
- sweets, chocolate, biscuits, bottled water or electrolyte drinks,
- wet wipes or baby wipes
- toothbrush /toothpaste
- roll on deodorants
- hand sanitizer, plasters, chapstick
- Travel size soaps and shampoos
- feminine hygiene products
- Puzzle books/notebooks and pen, playing cards, magazines



We will be making these gifts up into bags. If you would like to make a bag for a homeless person, please ask for a bag or you can just donate items from the list and we will make the bags up.

We still need volunteers for all sort of jobs in church. We especially need people to learn the sound and vision system for church services and to go on the monthly rota. We also need help with our coffee shop and MCC (Mature Companions Club).

If you think that you could volunteer for one of these, please do have a word with Martin, Deji, Christine or myself and we will welcome you with open arms!



Tuesday 1st September is a day of prayer and fasting. Here are some prayer points:

- Pray for the world at war, and that Leaders of all Nations would turn to God for Godly counsel. For cease fires.
 - For this fallen world which is economically, socially, climatically, and politically damaged, where there is war and unrest, and the streets that are unsafe. An end to gang culture and knife crime.
 - The NHS, Police and Education and for the institutions that are broken.
 - For people who are struggling in their faith.
 - For all those within our church family who are unwell at this time awaiting test results and operations. (see weekly notice sheet).
 - For refugees, for the unemployed, homeless and the isolated and lonely.
 - For Support workers and families caring for loved ones.
 - For the Royal family.
 - For who those who are mourning loved ones.
 - Continue to pray for our clergy, staff team and all our volunteers.
 - For the PCC and all the different groups in St Chads
 - Pray that God will continue to cover Martin and the whole church family.
 - For the Church globally .
 - For the coffee shop be completed soon.
 - Scriptures: for families and friends
- Join our Zoom Prayer meeting every first Monday at 1.00pm.**
- “But as for me and my house, we will serve the Lord.” – Joshua 24:15**
- “Therefore encourage one another and build one another up, just as you are doing.” – 1 Thessalonians 5:11**
- “God is our refuge and strength, a very present help in trouble.” – Psalm 46:1**



Pray for our community by street each week.

- w/c 7/9** Sherman Gardens , Bengoe Gardens , Westfield Gardens , Flora Gardens
- w/c 14/9** Conway Crescent , Fauna Close , Roxy Avenue , Reynolds Road
- w/c 21/9`** Mayesford Road , Hickman Road , Ashton Mansions, Burns Avenue
- w/c 28/9** Montpelier Gardens , Overton Drive , Manstead Gardens . Belfairs Drive Birchdale Gardens



Please note the next Zoom Prayer Meeting will be held on Monday 7th September at 1.00pm. Please join us for half an hour of prayer for the church, church family, the world and any other issues you wish to share. Just follow this link: bit.ly/StChadsPrayer

We'd like to keep in touch with you.

If you are not receiving our e-mails, please complete a GDPR consent form from the back of the church/ church office, and return it to Pauline to be added to our mailing list.



September 2026 Services

Traditional Holy Communion at 9.00 am

This is a Book of Common Prayer (BCP) service every Sunday for those who prefer something more traditional and reflective and lasts for 50/60 minutes.

All Age/Family Church Morning Worship at 10.45 am

This is a contemporary service, usually with times of worship, prayer and teaching, and lasts for about 80-90 minutes. When it is not All Age Worship (AAW), children leave for Junior Church after we have worshipped as a church family for the first part of the service.

Sunday 6th September	All Age worship
Sunday 13th September	Family Church
Sunday 20th September	Family Church
Sunday 27th September	Family Church with Holy Communion



On Saturday 26th September, Deji is being Ordained to Priesthood at St. Chad's at 10.00am. Everybody is welcome to attend to support Deji at this very special service. Please pray for Deji, Helen, Grace, Miriam and Ruth as they prepare as a family for this momentous occasion in Deji's Christian journey.



Please join us after the service for refreshments and fellowship.



New to St. Chad's? Please fill in a Welcome form that you will find on the table at the back of church. We would love to keep in touch with you. Please speak to one of our Welcome Team, who will be able to help you.



Children's Groups on Sundays.

Luminate—for Reception to Year 6 children, every Sunday apart from All Age service, in the church hall. Creche for under reception age children in the Royal Room. Groups restart on Sunday 13th September.

FUNDRAISING And Social Events 2026

4th OCTOBER	For our Harvest this year, we are planning to make up bags for the homeless. We will also have our usual collection for the food bank and sweets for shoeboxes. More details to follow.	
24th OCTOBER	As usual, lots of volunteers needed to help get ready and on the day.	
21st NOVEMBER	Christmas Market Saturday 21st November 11.00am—2.30pm In the church	
5th DECEMBER	Shoebox packing day in the hall. Starting at 10.00am, come along and help us pack all the items we have collected during the year in to shoeboxes. If you would like to wrap some shoeboxes, please see Pauline.	
6th DECEMBER	Shoebox and Toy Service, Sunday 6th December at 10.45am.	

A reminder that you can help to raise money for St. Chad's by using Easy Fundraising. Since we started, we have raised over £450, but this could be much more as you can use it for so many online shops—food shopping, furniture, days out, and much more. If you are starting to think about booking a holiday, many holiday companies donate, so it's worth taking a look. You can view their website by following this link: www.easyfundraising.org.uk/cause/st-chads-church/ It's really easy to sign up and if you recommend a friend, we get £2!



Please continue to Support the food bank if you are able. Donations are at an all time low, but the need is greater than ever. All non-perishable foods, toiletries and baby items are all gratefully received. We now have a collection bin in church, or you can bring donations to the hall during the week, there is a collection point in the lobby.




A new group started last month, which we have named 'Shared Journey', for people who have lost their partners.

So this group is for anyone who has been bereaved, whether that be recently or for many years, to come together over tea and cake and to feel able to have that conversation about your loved one that maybe you don't often get the opportunity to do, and to just enjoy each others company. This is open to ladies and gents and will be on a Saturday afternoon once a month at 2.00pm. Our next meeting will be on Saturday 5th September.

Please invite friends you know are in the same situation, everybody is welcome. Hopefully we will have lots of laughs as well as sharing memories.



Pauline

The Alpha Course Alpha is a space to unpack the Christian faith together. No pressure. No strings. Just space for good food, interesting talks, and open conversations. That's it. Come along, see what you think.

There will be a 10-week Alpha Course, starting on Tuesday 15th September, in the church at 7.30pm and is open to anybody exploring their faith, regardless of age.

A big part of Alpha is sharing a meal, and we will be asking for volunteers to prepare food for each meeting. If this is something you would like to help with please speak to Pauline.

Please note that going forward, the Children's Craft Mornings will be taking place on the first Saturday of each month, instead of the last. The next Craft Morning will be on Saturday 3rd October. If you are able to help at Craft Mornings please see Julie Court.



Throughout August, we will be collecting teddies and soft toys for our shoeboxes. Any size that can be squeezed into a shoebox. Pre-loved toys welcome as long as they are clean

