

DATES FOR YOUR DIARY:

Wed 1st May:	10.00am	Holy Communion in Royal Room
Wed 1st May:	11.00am	Mothers Union
Fri 3rd May:	8.00pm	Choir Practice in Prayer Room
Mon 6th May	Bank Holiday—No Groups	
Tues 7th May	10.00am	Sunshine Community Cafe
Tues 7th May:	7.30pm	Prayer meeting in Prayer Room
Tues 7th May:	All day	Day of Prayer and Fasting
Wed 8th May:	12.00	MCC in Royal Room
Fri 10th May:	8.00am	Choir Practice in Prayer Room
Mon 13th May:	9.45am	Sparkles in Royal Room
Mon 13th May:	10.00am	Little Chadders at EABC
Mon 13th May:	6.30pm	Ignite in Youth Room
Tues 14th May:	10.00am	Sunshine Community Cafe
Tues 14th May:	7.30pm	Prayer meeting in Prayer Room
Wed 15th May:	10.00am	Holy Communion in Royal Room
Wed 15th May:	12.00	MCC in Royal Room
Fri 17th May:	8.00am	Choir Practice in Prayer Room
Mon 20th May:	9.45am	Sparkles in Royal Room
Mon 20th May:	10.00am	Little Chadders at EABC
Mon 20th May	6.30pm	Ignite in Youth Room
Tues 21st May:	10.00am	Sunshine Community Cafe
Tues 21st May:	7.30pm	Prayer for Revival in Prayer Room
Wed 22nd May:	12.00	MCC in Royal Room
Fri 24th May:	8.00pm	Choir Practice in Prayer Room
Sat 25th May	10.00am	Children's Craft Morning
Sat 25th May:	7.30pm	Quiz Night
Mon 27th May:	Bank Holiday—no groups	
Tues 28th May:	10.00am	Sunshine Community Café
Tues 28th May:	7.30pm	Prayer for Revival in Prayer Room
Fri 31st May:	8.00pm	Choir Practice in Royal Room

Join us for fellowship after our church services and enjoy tea, coffee and good company. You may even want to volunteer to help out with serving refreshments. See Pauline if that is you!



Church Office

The Church Office is open every day except Thursday between 10am and 12 noon, for enquiries of any kind. Pauline Loomes, our Church Administrator, can be contacted by:
tel: 020 8597 8076 email: churchoffice@stchads.church website: www.stchads.church



Chadderbox May 2024 Newsletter of St. Chad's Church, Chadwell Heath

Don't Worry

Easter is over, spring is certainly in full swing and we are all probably looking forward to our Summer Holidays, I know I am, this year we plan to go away with my Daughter and her family on a cruise to the Fjords. When going on holiday regardless where you are going there is so much to organise, if you're travelling abroad you need to check if your passport is up to date, are there any vaccinations that need to be done and then of course clothes, what do you take you have a whole wardrobe to choose from but you need to remember it's all got to fit into one suitcase. Don't forget travel sickness tablets, sun cream and medication if you take any and that's just some of the things we worry about before we even start our holiday and if you're not careful you will need another holiday to recover from all the stresses and worries we put ourselves through.

Life can also be a bit like that at times, we worry about things perhaps there's



WORRIER POSE

Gemma CORRELL

no need to worry about and get stressed over things that really do not matter. How many of us worry about what might be and are unable to sleep because our minds are so full of what if's and more often than not when we get up in the morning we feel as if we haven't slept at all. We all know that anxieties are a normal part of life but it's important that they do not take over our lives.

Matthew 6:34 says:- *Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.* Jesus reminds us that there is enough trouble for each day and we should therefore focus on living each day as it comes, without worrying about tomorrow. Jesus isn't saying that we shouldn't plan for the future because we all know that planning ahead can be helpful, but what he is saying is that we shouldn't worry over it because it will make no difference.

Jesus tells us many times that the only Lord we should have is God and when we truly believe that then we will know that God controls our lives, not us. When you worry, you stop trusting God and start trying to take control of your life. But God's Word promises that *God will meet all your needs according to his glorious riches in Christ Jesus* (Phil. 4:19). So let's live everyday knowing God is in control and he will be there with us through all walks of life and he will never leave or forsake us. Our lives are in God's hands; He loves us, and knows what's best for us, even if it's painful at the time. We see only see part of the picture, but He sees the whole situation, and His wisdom is far greater than ours. So put all those worries and concerns firmly on God's shoulders and live a life full of God's peace and love. Amen

Prayer and blessings be with you all, love Christine.

Kids@St Chad's £3 per child


Craft Morning

Crafts, Songs, Games, Stories and refreshments included!

Come and join the fun!




When: Saturday, 25th May 2024
 Where: St Chad's Church Hall, Eric Road, RM6 6JH
 Time: 10am - 12noon
 How: To book, please contact Julie.stchads@gmail.com
 Cost: £3 per child
 Ages: Up to 11 years (under 5's must be accompanied by an adult)



You also, like living stones, are being built into a spiritual house to be a holy priesthood, offering spiritual sacrifices acceptable to God through Jesus Christ.

1 Peter 2: 5 (NIVUK)

Please keep praying for the building project. We are so nearly there and we hope to be in the wonderful building soon. It will be worth the wait!




FUNDRAISING And Social Events 2024




25th MAY		Quiz Night with Bob and Lu, starting at 7.30pm. Tickets £8 pp, tables of 8, bring your own drink and nibbles.
8th JUNE		Start of Summer Family Party. Bring your babies and your gran's, all welcome. Music and dancing. Bring your own refreshments. Staff etc.
Date tbc in JULY		Wine tasting evening. Date and details to follow.
Date tbc in AUGUST		
SEPTEMBER/OCTOBER		
16th NOVEMBER		Christmas Market on Saturday 16th November 11.00am - 2.30pm
23rd NOVEMBER		Merry Quizmas with Jenny and Matt. In the church hall, a Fun Christmas Quiz, Saturday 23rd November, 4.30pm, bring your own drinks and nibbles.
30th NOVEMBER		Shoebbox Day Saturday 30th November, in the hall. From 10.00am.
1st DECEMBER		Shoebbox and Toy Service, Sunday 1st December at 10.45am.

Children's Groups on Sundays.

Luminate—for Reception to Year 6 children, every Sunday apart from All Age service, in the youth room.
Elevate—Year 7-11 children, meet as above in the prayer room.
Creche—for under 5's meets in the Royal every Sunday in the Royal Room (except when it is All Age worship). All our children's group are run by dedicated volunteers.



Junior Church

 **Not receiving our e-mails?** Please opt-in by e-mail or complete a consent form from the church office, and return to the church office.

Tuesday May 7th is a day of prayer and fasting. Here are some prayer points:



- Pray for the world—where there is conflict; where there is poverty, where this gang culture, where drug selling is rife.
- Pray for the NHS, Police and Emergency Services. Education.
- Pray for our Government and for our politicians, that they would seek God's guidance in all that they do.
- Pray for persecuted Christians across the world.
- Pray for people who are struggling in their faith.
- Pray for all those within our church family who are unwell at this time, awaiting test results and operations.
- Pray that Leaders of all Nations would turn to God for Godly counsel.
- Pray for the leaders of the church, Archbishops and Bishops .
- Prayer for refugees, for the unemployed, homeless and lonely
- Pray for Support workers and families caring for people with learning disabilities .
- Pray for who those who are mourning loved ones
- Pray for the education system, for teachers and pupils.
- Continue to pray for our leaders, the staff team and all our volunteers.
- Pray for PCC and all the different groups in St Chads
- **Galatians 5:22-23** - 'But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law'.

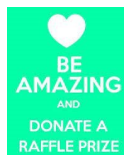
Our local food bank at the URC are really struggling with donations. If you are able, please would you consider donating some items; any non-perishable foods, toiletries and baby items are mostly needed. You can bring donations to church or to the office during the week (office closed Thursdays).



It's never too early to start collecting for our shoeboxes so during the month of May, we will be collecting pencils.



We are always looking for raffle prizes for our fundraising events. If you have any unwanted gifts that you could donate, it would be very much appreciated. We will also be having a children's raffle at our Start of Summer Disco, so anything for children would also be appreciated.



MAY 2024 Services

Traditional Holy Communion at 9.00 am

This is a Book of Common Prayer (BCP) service every Sunday for those who prefer something more traditional and reflective and lasts for 50/60 minutes.

All Age/Family Church Morning Worship at 10.45 am

This is a contemporary service, usually with times of worship, prayer and teaching, and lasts for about 80-90 minutes. When it is not All Age Worship (AAW), children leave for Junior Church after we have worshipped as a church family for the first part of the service.

Sunday 5th May	All Age worship
Sunday 12th May	Family Church
Sunday 17th May	Family Church with Holy Communion
Sunday 26th May	Family Church

Mid-week Services (Wednesday 10am)

Wednesday 1st May	Holy Communion in Royal Room
Wednesday 8th May	No meeting
Wednesday 15th May	Holy Communion in Royal Room
Wednesday 22nd May	No meeting
Wednesday 29th May	No meeting



Our **Confirmation Service** has sadly had to be postponed. We hope to be able to get another date either later this year or early next year. If you are interested in being confirmed, please let Pauline know to put your name on the list and we will let you know when we get a date.

Saturday 25th May, a **Quiz Night** with Bob and Lucinda in the church hall. Make a table of 8, if not, come along and join a team. Bring your own drinks and nibbles. Tickets cost £8pp.



To kick off summer, we are holding a 'Start of the Summer Family Party'. For all ages from your littlest, to your granny, come along and join in the fun and get to know other families. There will be music and dancing, and a raffle for adults and children. Bring your own refreshments and your dancing shoes!

St. Chad's Pre-school are holding a fete on Saturday 6th July from 1.00pm-4.00pm in the church hall and garden.

There will be stalls, ice cream van, cakes, barbecue, tombola, bouncy castle and a raffle.

Open to everybody, free entry.

If you would like to book a stall to sell items or run an activity, the cost is £10 and you can book this through Pre-school, via the church office.



If you would like to book our church hall or Royal Room for a private party/event, please contact our Church Hall Bookings Manager, Debbie at the church office on Monday or Friday between 10.00am and 1.00pm.



Sunshine Community Café

Have you tried our Sunshine Community Café yet? If not, you are missing out. The food is lovely and very reasonably priced. Come along and try a panini, baguette or roll, all day breakfast, salads, children's lunches or just coffee or tea with home-made cake.

We are open from 10.00am til 2.00pm every Tuesday term time, and we would love to see you. You

will also meet some nice friendly people!



Did you know that we hold a Prayer for Revival meeting every Tuesday in the Prayer Room from 7.30—9.00pm. Everybody is welcome to come and join, even if just for part of the time.



This year's Christmas project is candles—Patterns for knitted, crocheted and felt candles are available at the back of church, or ask the church office to email them to you. There is also wool and felt available from church.

Volunteers still needed to take part in Sunday Services; (reading and prayers), Welcome Team and to help with refreshments after services. If you are available during the week, there are always volunteer opportunities—MCC, Coffee Shop, building maintenance - and we would welcome you with open arms!!

Please let the office know if you can help.



If you would like to start giving to St. Chad's, please contact the church office or speak to Bob as we have changed the way we process this and are happy to help you.



Church office:

020 8597 8076

churchoffice@stchads.church

Ignite is a Youth Drop-In for 11-17 year olds, every Monday during term time at 6.30pm to 8.00pm in the Youth Room, above the Royal Room.

There is games consoles, football, basketball, cooking, challenges and games, food, with occasional visiting speakers—activities for everyone, boys and girls welcome.

For more information, contact martin@stchads.church.



Little Chadders
@EABC

Mondays £2
10-11.30AM
Toddlers group 0-4 - Term time only
Great toys, craft sessions, activities and fun
119 East Road, Chadwell Heath, RM6 6YJ

Sparkles
Group for under-ones & their parents
Grandparents, carers, & expectant parents very welcome!

Drop in Mondays
9:45am – 12pm
St. Chad's Church Hall
Eric Road
Chadwell Heath
RM6 6JH

Church Office :-
0208 597 8076
Contact Carol or Anne on:-
0770 752 0871

sparklesstchads@gmail.com