DATES FOR YOUR DIARY:

Fri 1st Mar: 8.00am Choir Practice in Prayer Room

Mon 4th Mar: 9.45am **Sparkles in Royal Room** Mon 4th Mar: 10.00am Little Chadders at EABC Mon 4th Mar: 6.30pm **Ignite in Youth Room** Tues 5th Mar: All day **Day of Prayer and Fasting** Tues 5th Mar: 10.00am **Sunshine Cafe in Royal Room** Tues 5th Mar: 7.30pm **Lent Course in Royal Room**

Wed 6th Mar: 10.00am Holy Communion in Royal Room

Wed 6th Mar: 11.00am Mothers Union

Fri 8th Mar:

Sun 10th Mar:

After services Mothers Day Cake Sale

Mon 11th Mar:

9.45am Sparkles in Royal Room

Mon 11th Mar:

10.00am Little Chadders at EABC

Mon 1th Mar:

6.30pm Ignite in Youth Room

Tues 12th Mar: 10.00am Sunshine Cafe in Royal Room
Tues 12th Mar: 7.30pm Lent Course in Royal Room

Wed 13th Mar: 12.00 MCC in Royal Room

Fri 15th Mar: 8.00am Choir Practice in Prayer Room Sat 16th Mar: 11.00am High Road Easter evangelism

Mon 18th Mar: 9.45am **Sparkles in Royal Room** Mon 18th Mar: 10.00am Little Chadders at EABC Mon 18th Mar: 6.30pm **Ignite in Youth Room** Tues 19th Mar: 10.00am **Sunshine Community Cafe** Tues 19th Mar: 7.30pm **Lent course in Royal Room** Wed 20th Mar: 10.00am **Holy Communion in Royal Room**

Wed 20th Mar: 12.00 MCC in Royal Room

Fri 22nd Mar: 8.00am Choir Practice in Prayer Room
Sat 23rd Mar: 10.00am Children's Craft Morning
Man 25th Mar: 9.45am Sparkles in Poyal Room

Mon 25th Mar: 9.45am Sparkles in Royal Room
Mon 25th Mar: 10.00am Little Chadders at EABC
Mon 25th Mar: 6.30pm Ignite in Youth Room
Tues 26th Mar: 10.00am Sunshine Community Cafe

Tues 27th Mar: 7.30pm Prayer for Revival in Prayer Room

Wed 28th Mar: 12.00 noon MCC in Royal Room

See page 4 for details of Easter Services

Church Office

The Church Office is open every day except Thursday between 10am and 12 noon, for enquiries of any kind. Pauline Loomes, our Church Administrator, can be contacted by: tel: 020 8597 8076 email: churchoffice@stchads.church website: www.stchads.church

Chadderbox March 2024 Newsletter of St. Chad's Church, Chadwell Heath



St. Chad's Church New Life in Christ

He is not here; he has risen, just as he said. Come and see the place where he lay. Then go quickly and tell his disciples: 'He has risen from the dead and is going ahead of you Matt.28: 6/7

Power. Great when used well, destructive if used badly. And we use it all the time — more and more it seems to me. I remember back to the days when a plug socket in our house had only one plug going into it — or maybe you had one of those 'Three-Way' plugs that then accepted up to three plugs to be used at the same time. Who needed more?

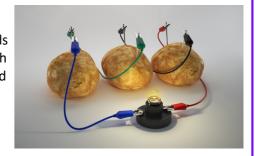
I looked at one socket in our house the other day and, goodness me. It's got a 4 point plug extension lead plugged into it and then one of those four sockets has another 4 plug extension plugged in, and all the available sockets coming from both of those leads are full. Not only that, but every plug socket we have downstairs has some sort of extension coming from it, and most upstairs too, running things, charging things, boosting things.

Why? Well, one reason is that everything we have these days is 'mobile' and so has to have its own battery to run it – and that needs charging. Mainly our phones – and everyone has one of those in today's world.

Here's some interesting things about batteries that I got from GP Batteries.com:

The first electric battery invented was way back in 1799 by an Italian inventor, Alessandro Volta.

Believe it or not, you can make a battery from ingredients in your very own fridge!
According to livescience.com, the best foods to use are fruits & vegetables that have high levels of potassium or sodium. Potatoes and Gherkins are good examples, along with lemons and they can all power light bulbs!



Oxford University is home to a battery-powered bell that has been ringing for 180 years! Estimates state that the bell has rung at least 10 billion times and the battery powering it has been dubbed the "World's Most Durable Battery" according to the Guinness Book of Records.



Batteries are thought to just contain harmful ingredients that are bad for the environment. However, consumer batteries contain zinc and manganese dioxide which have a positive effect on soil fertility. When disposed of correctly, batteries break down into various salts of zinc and manganese, which act as micro-nutrients, which help plants produce chlorophyll, vital for green and healthy plants.

In 1859 French physicist Gaston Plante invented the lead acid cell, which is still used in cars today, paving the way for the creation of NiMh, NiCd batteries and lithium-ion batteries too.

Amazing stuff. We need power. Of all types and descriptions, for a myriad of uses. And whether we are harnessing the power of wind or waves, or inventing our own sources of power, humanity has got good at making 'Power'. But it all falls short.

The reason we are Christians is because we understand that there is a power at work throughout creation that, just like the unseen power of a battery, we can't see but we need to live this life well and to get us beyond this life. Human power nor even the harnessed powers of creation can do that for us.

On Calvary all the eyes that looked upon Jesus saw with a worldly understanding of power. Human power or creations power – and they knew it was never going to be enough to fulfil their hopes and dreams. Friends of Jesus, who had been there on that windswept hill, lamented that as they trudged back on the road to Emmaus. But God's greatest show of power to the world was yet to come.

At the start of John's gospel (Chapter 2) he records the Jewish elders questioning Jesus:

"What sign can you show us to prove your authority to do all this?" ¹⁹ Jesus answered them, "Destroy this temple, and I will raise it again in three days."

²⁰ They replied, "It has taken forty-six years to build this temple, and you are going to raise it in three days?" ²¹ But the temple he had spoken of was his body.

It's an amazing power, and it's a power that we put our full trust in...... as Paul reminds us in 1 Cor. 15:



Ignite is a Youth Drop-In for 11-17 year olds, every Monday during term time at 6.30pm to 8.00pm in the Youth Room, above the Royal Room.

There is games consoles, football, basketball, cooking, challenges and games, with occasional visiting speakers—activities for everyone, boys and girls welcome.

For more information, please contact Martin at martin@stchads.church.



Our **Confirmation Service** will take place



on Sunday 14th July. Children must be 11 vears or older. Please register your interest with Pauline. Class

our shoeboxes so during the month of March, we start by collecting flannels and soaps.

It's never to early to

start collecting for



Children's Groups on Sundays.

Luminate—for Reception to Year 6 children, every Sunday apart from All Age service, in the youth room.

Elevate—Year 7-11 children, meet as above in the prayer room. Creche—for under 5's meets in the Royal every Sunday in the Royal Room (except when it is All Age worship). All our children's group are run by dedicated volunteers.





Not receiving our e-mails? Please opt-in by e-mail or complete a consent form from the church office, and return to the church office. **Tuesday 5th March** is a day of prayer and fasting. Here are some prayer points:

- Pray for the world—this fallen world is economically, socially, climatically, politically damaged; war-torn, stabbing of our youth, the NHS, Police and Education and for the institutions that are sick and broken.
- Pray for persecuted Christians across the world, especially in Asia
- Pray for people who are struggling in their faith.
- Pray for all those within our church family who are unwell at this time, awaiting test results and operations.
- Pray that Leaders of all Nations would turn to God for Godly counsel.
- Pray for the leaders of the church, Archbishops and Bishops that they will respond to the truth of the scriptures and honour their ordination vows
- Prayer for refugees , for the Unemployed, homeless and lonely
- Pray for Support workers and families caring for people with learning disabilities
- Pray for who those who are mourning loved ones
- Pray that God will bless us so that we can be a blessing to others
- Continue to pray for the staff team and all our volunteers.
- Pray for PCC and all the different groups in St Chads
- Pray for peace in the world, especially the 'peace of Jerusalem' Psalm 122 v 6.7
- Scriptures: Ephesians 6v10, Psalms 23, 91, 103



MCC—Mature Companion Club

MCC, our Mature Companions Club now meets every 2nd, 3rd and 4th Wednesday at 12.00 noon of each month. All over 60's are invited to come along to share lunch and company. There is no charge for lunch, but donations are welcome. Please bring your friends along too. In the Royal Room in the church hall.





Our local food bank is in greater need than ever. Please prayerfully

consider how

you can support your community with donations of non perishable foods, toiletries and baby items, including



¹⁷ And if Christ has not been raised, your faith is futile; you are still in your sins. ¹⁸ Then those also who have fallen asleep in Christ are lost. ¹⁹ If only for this life we have hope in Christ, we are of all people most to be pitied.

²⁰ But Christ has indeed been raised from the dead, the firstfruits of those who have fallen asleep. ²¹ For since death came through a man, the resurrection of the dead comes also through a man. ²² For as in Adam all die, so in Christ all will be made alive.

Allelujah and Amen to that. So folks, don't rely on the powers of this world. They're ok – and charge our phones or run our cars. But they can't bring new life, resurrected life. God can – and God alone.

Let's live with hope in our hearts and our body's SatNav's set for a destination beyond this life. Live as 'Easter People' – children of the living God and heirs to his throne.

Happy Easter – and beyond...... Martin

March 2024 Services

Traditional Holy Communion at 9.00 am

This is a Book of Common Prayer (BCP) service every Sunday for those who prefer something more traditional and reflective and lasts for 50/60 minutes.

All Age/Family Church Morning Worship at 10.45 am

This is a contemporary service, usually with times of worship, prayer and teaching, and lasts for about 80-90 minutes. When it is not All Age Worship (AAW), children leave for Junior Church after we have worshipped as a church family for the first part of the service.

Sunday 3rd March All Age worship

Sunday 10th MarchFamily Church Mothering SundaySunday 17th MarchFamily Church with Holy Communion

Sunday 24th March Family Church

Sunday 31st March Family Church with Holy Communion

Mid-week Services (Wednesday 10am)

Wednesday 6th March Holy Communion in Royal Room

Wednesday 13th March No meeting

Wednesday 20th March Holy Communion in Royal Room

Wednesday 27th March No Meeting

EASTER

Services at Saint Chad's 2024

Formular Palm Sunday Service Sunday 24th
March at 3.00pm

Maundy Thursday Service
Thursday 28th Mach at 7.30pm

Good Friday Service
Friday 29th March at 3.00pm

Easter Celebration

Holy Communion.

Sunday 31st March at 9.00am and 10.45am, both services of

Everyone welcome to celebrate the rising of Jesus Christ with us



Walk of Witness—churches of Chadwell Heath come together to witness to the resurrection of Christ. The walk will conclude with a service outside the Baptist Church on the High Road.

Details of the starting point and route will be announced soon. Please look out in the weekly notice sheet for details.





Mothers Day Cake Sale on Sunday 10th March after the 9.00 and 10,45am services, raising funds for church. Treat your mum to some lovely home made cake. Please let us know if you are able to bake a cake.

Tickets are now on sale for our Easter Raffle, which is raising funds for the church.

Tickets are £1 each and will be on sale in church or from the church office.

Prize winners will be picked and be available for collection on Easter Sunday.

Prizes include lots of lovely Easter eggs, Easter gifts and baskets of goodies. Good luck!



Thank you.

Sunshine Community Café

Have you tried our Sunshine Community Café yet? If not, you are missing out. The food is lovely and very reasonably priced. Come along and try a panini, bagquette or roll, all day breakfast, salads, children's lunches or just coffee or tea with home made cake.

We are open from 10.00am til 2.00pm every Tuesday term time, and we would love to see you. You will also meet some nice friendly people!





High Road Evangelism. Come and join us to hand out invitations to our Easter services and Easter eggs along the

High Road with us. No experience needed, just a friendly smile. We welcome everybody.

DON'T FORGET



Sunday 31st March(Easter Sunday), clocks go forward one hour, so we lose one hour's sleep!

We still urgently need volunteers. When you are relying on just a few people and are asking them over and over again to do jobs around the church, they become tired and burnt out! It would be wonderful if we could spread the workload to give other people a bit of a break. We are always looking for volunteers to take part in Sunday Services; we especially need people to read and deliver prayers during services, welcome and to help with refreshments after services. If you are available during the week, there are always volunteer opportunities—MCC, Coffee Shop, building maintenance - and we would welcome you with open arms!! Many of the jobs are simple and not time consuming—there are no qualifications needed,

just a servant heart! Please let the office know if you

can help.